

"Changing the World, One Smile at a Time..."

## **SEPARATORS**

Separators are needed to make space for fitting orthodontic bands (rings). They will be removed at the next appointment. If they come out on their own 2-3 days before the appointment, there is no need to call the office. If they come out earlier than that, please call our office one week before your next visit and have them replaced. There is no problem if they are accidentally swallowed. Do not floss the areas separated and do not eat sticky foods that may pull them out. Be aware of where your separators are located. Please call our office if you have any problems or questions. Over the counter pain relievers help to reduce any tooth soreness that you may experience.

Dr. Scott Newhart
Newhart Orthodontics

## WWW.NEWHARTORTHODONTICS.COM

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